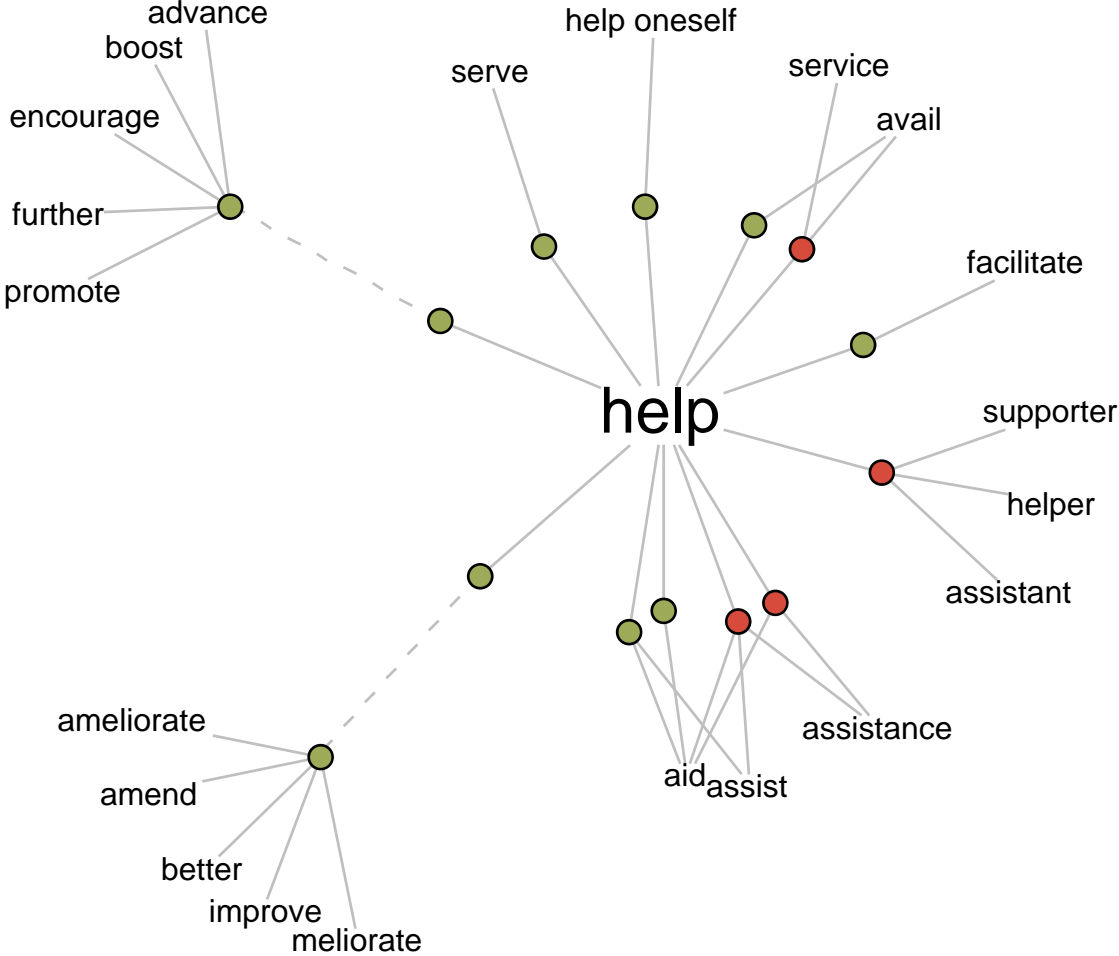


help



NOUNS

● aid, assist, assistance, help

the activity of contributing to the fulfillment of a need or furtherance of an effort or purpose

"he gave me an assist with the housework"

"could not walk without assistance"

"rescue party went to their aid"

"offered his help in unloading"

● assistant, help, helper, supporter

a person who contributes to the fulfillment of a need or furtherance of an effort or purpose

"my invaluable assistant"

"they hired additional help to finish the work"

● aid, assistance, help

a resource

"visual aids in teaching"

● avail, help, service

a means of serving

"of no avail"

"there's no help for it"

VERBS

● aid, assist, help

give help or assistance; be of service

"Everyone helped out during the earthquake"

"Can you help me carry this table?"

"She never helps around the house"

● aid, help

improve the condition of

"These pills will help the patient"

● **facilitate, help**

be of use

"This will help to prevent accidents"

● **help, help oneself**

abstain from doing; always used with a negative

"I can't help myself--I have to smoke"

"She could not help watching the sad spectacle"

● **help, serve**

help to some food; help with food or drink

"I served him three times, and after that he helped himself"

● **help**

contribute to the furtherance of

"This money will help the development of literacy in developing countries"

● **avail, help**

take or use

"She helped herself to some of the office supplies"

● **help**

improve; change for the better

"New slipcovers will help the old living room furniture"